

# Cancer Survivorship E-Learning Series for Primary Care Providers

**Health Care Solutions**

From the American Cancer Society

The National Cancer Survivorship Resource Center offers a **free, innovative online continuing education program** to educate primary care providers about cancer survivorship. The Survivorship Center, a collaboration between the American Cancer Society and The George Washington University Cancer Institute, is funded by a five-year cooperative agreement through the Centers for Disease Control and Prevention.

The Cancer Survivorship E-Learning Series for Primary Care Providers features content on:

- The role of clinical generalists and specialists in providing follow-up care to survivors of adult-onset cancers
- How to manage long-term and late physical and psychosocial effects of cancer and its treatments
- Survivorship care planning and care coordination

The series is available at no cost and offers continuing education credits for physicians, physician assistants, nurse practitioners, and nurses. New content will be added on an ongoing basis. Each webinar is led by national experts and features a cancer survivor story.

## Module 1: Current Status of Survivorship Care and the Role of Primary Care Providers

- Learn about the latest models of delivering follow-up care for cancer survivors.
- View webinars led by national experts who are creating new standards of care at the intersection of primary and cancer survivorship care.
- Listen to the firsthand experience of a breast cancer survivor as she discusses her cancer journey – from diagnosis to treatment and supportive care.

## Module 2: Late Effects of Cancer and Its Treatments: Managing Comorbidities and Coordinating with Specialty Providers

- Learn about the common physical effects after treatment and the possible interactions with non-cancer comorbidities.
- View clinically based presentations on implementing a coordinated plan of care with oncology specialty providers and how to manage the late effects.



**“In order to effectively care for cancer survivors, primary care providers need education, guidance, and tools.”**

– Larissa Nekhlyudov, MD, MPH

More than 3,800 individuals from 50 countries have accessed this e-learning series.



**GW Cancer Institute**

THE GEORGE WASHINGTON UNIVERSITY



- Hear a cancer survivor share his story and describe the physical effects from his cancer treatments.

### **Module 3: Late Effects of Cancer and Its Treatments: Meeting the Psychosocial Health Care Needs of Survivors**

- Learn about the types of psychological and social issues that cancer survivors may encounter after completing their cancer treatment and how primary care providers can facilitate proper supportive care.
- View presentations by clinical experts on risk factors, how to efficiently and effectively screen for psychosocial issues, and the primary care provider's role in ensuring appropriate follow-up support.
- Listen to a prostate cancer survivor candidly reveal the psychosocial impacts of his cancer experience.

### **Module 4: The Importance of Prevention in Cancer Survivorship: Empowering Survivors to Live Well**

- Demonstrate understanding of the primary care provider's role in providing survivorship care focused on prevention, wellness, and evidence-based guidelines for screening.
- Provide guideline-supported recommendations for secondary prevention to cancer survivors regarding sunscreen, diet, obesity, exercise, alcohol, and tobacco.

### **Module 5: A Team Approach: Survivorship Care Coordination**

- Describe the roles of oncologists and primary care providers in the shared-care model.
- Explain the importance of the survivorship care plan as a communication tool to coordinate care between the oncologist and primary care provider.
- Describe the role of the primary care provider in providing follow-up care in the primary care setting.
- Describe coordination of care between oncologists and primary care providers in transitioning a patient from oncology to primary care.

New modules to be added will include:

#### **Module 6:** Cancer Recovery and Rehabilitation

**Modules 7-10:** Spotlight on Cancer Type-specific Survivorship: Clinical Care Follow-up Guidelines for Primary Care Providers (for Prostate, Breast, Colorectal and Head & Neck Cancers)

## **Continuing Education**

The George Washington University School of Medicine and Health Sciences is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The George Washington University School of Medicine and Health Sciences designates this enduring material for a maximum of 3.0 AMA Physician's Recognition Award Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing nursing education activity was approved by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Three contact hours have been awarded.

## **Program Support**

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**"It is extremely valuable for my entire health care team, including my primary care physician, to understand the follow-up care I need."**

– Tom F., 66, cancer survivor

**For more information, visit [cancersurvivorshipcentereducation.org](http://cancersurvivorshipcentereducation.org), and help spread the word to your network of colleagues, especially those in primary care.**